

Senior Advisory Committee Meeting Agenda

Thursday, October 24, 2019, 6:00 pm
Tecumseh Town Hall - Sandwich South Room

Pages

- A. Call to Order
- B. Roll Call
- C. Disclosure of Pecuniary Interest
- D. Delegations
 - 1. Loretta Stoyka Henderson, Windsor-Essex Compassion Care Community
Re: Council Presentation Update
- E. Communications
 - 1. Paul Morand, Senior Advisory Committee Chair
Re: Multi-Use SportsPlex Letter of Support
- F. Reports
- G. Unfinished Business
 - 1. Education Workshops
 - 2. Fall Prevention Clinic
 - 3. Call for Committee Applications
- H. New Business
- I. Next Meeting
- J. Adjournment

2 - 3

4 - 4



The Corporation of the Town of Tecumseh

October 18, 2019

The Hon. Lisa MacLeod, Minister
Ministry of Tourism, Culture and Sport
438 University Avenue, 6th Floor
Toronto, Ontario M5G 2K8

Dear Minister MacLeod,

On behalf of the Town of Tecumseh's Accessibility Advisory Committee, I write to you today to convey our committee's unwavering support for the Town's proposed Multi-Use SportsPlex. As community partners, we champion the advancement of this facility and the benefits it will provide both to our community and on a regional basis.

Plans for the SportsPlex have been in development for a number of years now, including the completion of a comprehensive feasibility study of regional facilities to confirm there was no overlap in offerings. The resulting plan for the facility addresses many gaps, provides unique elements not found regionally, and delivers space and equipment for programming for all ages and abilities. We are very excited about the potential partnerships with a wide range of service providers the SportsPlex will offer.

Through public meetings, Town of Tecumseh residents and their community stakeholder groups clearly voiced their desire for additional space for indoor activities on a year round basis. The proposed plan is founded on a compelling demand for each of the features (including soccer and baseball facilities, a walking track, a gym, and additional rooms for children's physical activities and sports), and a strong demand for off-peak use.

The Town of Tecumseh recognizes the importance of improving the quality of life for seniors and helping them lead safe, engaged, active, and healthy lives. The Town's Senior Advisory Committee meets monthly to discuss issues that are relevant specifically to their senior population and, at their suggestion, the Town has added significant new programs and activities that assist its aging population in remaining active. We look forward to the addition of the new Multi-Use SportsPlex where seniors will be able to stay fit, active and healthy in a safe and welcoming environment on a year-round basis.

...../2

Minister Lisa MacLeod

October 18, 2019

Page 2

Our committee's role in the facility is not limited to this letter. We will continue to support fundraising efforts for the facility and to partner with the Town to ensure this project becomes a reality. We urge you to support this grant application to benefit the many senior stakeholders who will make use of the added amenities the Multi-Use SportsPlex will provide and look forward to a favourable outcome for the Town of Tecumseh's funding application.

Thank you for your consideration.

Sincerely,



Paul Morand, Chair

Tecumseh Senior Advisory Committee

Free Falls Prevention Clinic

The **Falls Prevention Clinic** is a free 15-min. screening that will assess what may be putting you at risk for falls, followed by a 30 min. consultation that will educate you on how to reduce your risk of falling and connect you to community programs and health services.

You will receive a plan to lower your risk of falling.

YOU SHOULD COME TO A CLINIC IF:

- ☒ You are 60 years of age or older
- ☒ Want to remain independent
- ☒ Have had a fall or a near fall
- ☒ Have a fear of falling
- ☒ Want to maintain or improve balance

NEXT CLINIC

Thurs. November 7, 2019

Golden Age Club

12420 Lanoue St.

Tecumseh, ON N8N3A5

9am-12noon

**** All participants will be entered into a draw for a gift card door prize! ****



To register contact:

519-997-2823 ext. 417

PreventFalls@wechc.org